Claims

- 1. Protection element which is to be installed over a conduit or cable fitted in a groove formed into solid ground wherein it has the form of a three-walled casing with a top and two side walls.
- Protection element according to claim 1 wherein the casing has at least two
 projections sticking out to the outside in the upward direction from each of
 the side walls.
- Protection element according to claim 1 wherein the casing has a
 projection sticking out to the inside from each of the side walls in the side
 looking at the cable or conduit.
- Protection element according to claim 1 wherein the casing is made out of steel wire net wrapped with elastic foam material, hard plastic, hard gummy or metal.
- 5. Method for laying cables or conduits in a groove system created into solid ground in which the cable or conduit is fitted first at the bottom of the groove, then a covering is laid over said cable or conduit and finally a filling compound is poured into the groove for sealing, wherein said covering is a protection element according to claim 1.
- 6. Cable layout, consisting of a conduit or cable system, wherein one or more cables or conduits are fitted in grooves which are located at the surface of

the laying foundation, wherein the cable or conduit has a covering over it sustaining the groove filling compound, wherein said covering is a protection element according to claim 1.

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